

# Counting for A Life Well Lived

## Psalm 90

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Three foundational realities in our relationship with God we must daily imbibe to for a life well lived.

1. An awareness of God that I truly believe that I live in His presence.
2. A fear of God that is a delight to my heart.
3. A growing awareness that because this life is short, eternity is mine, I long for a life well lived.

### Psalm 90

**<sup>12</sup> So teach us to number our days that we may get a heart of wisdom.**

**<sup>1</sup> Lord, you have been our dwelling place in all generations. <sup>2</sup> Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God.**

**<sup>3</sup> You return man to dust and say, "Return, O children of man!" <sup>4</sup> For a thousand years in your sight are but as yesterday when it is past, or as a watch in the night. <sup>5</sup> You sweep them away as with a flood; they are like a dream, like grass that is renewed in the morning: <sup>6</sup> in the morning it flourishes and is renewed; in the evening it fades and withers.**

**<sup>7</sup> For we are brought to an end by your anger; by your wrath we are dismayed. <sup>8</sup> You have set our iniquities before you, our secret sins in the light of your presence. <sup>9</sup> For all our days pass away under your wrath; we bring our years to an end like a sigh. <sup>10</sup> The years of our life are seventy, or even by reason of strength eighty; yet their span is but toil and trouble; they are soon gone, and we fly away. <sup>11</sup> Who considers the power of your anger, and your wrath according to the fear of you?**

**Proverbs 28:14**

<sup>14</sup> Blessed is the one who fears the Lord always, but whoever hardens his heart will fall into calamity.

**Isaiah 66:2**

<sup>2</sup> All these things my hand has made, and so all these things came to be, declares the Lord. But this is the one to whom I will look: he who is humble and contrite in spirit and trembles at my word.

**Philippians 2:12-13**

<sup>12</sup> Therefore, my beloved...work out your own salvation with fear and trembling, <sup>13</sup> for it is God who works in you, both to will and to work for his good pleasure.

**Hebrews 12:25-29**

<sup>25</sup> See that you do not refuse him who is speaking. For if they did not escape when they refused him who warned them on earth, much less will we escape if we reject him who warns from heaven.<sup>26</sup> At that time his voice shook the earth, but now he has promised, "Yet once more I will shake not only the earth but also the heavens." <sup>27</sup> This phrase, "Yet once more," indicates the removal of things that are shaken—that is, things that have been made—in order that the things that cannot be shaken may remain.<sup>28</sup> Therefore let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe, <sup>29</sup> for our God is a consuming fire.

**Romans 11:19-21**

<sup>19</sup> Then you will say, "Branches were broken off so that I might be grafted in." <sup>20</sup> That is true. They were broken off because of their unbelief, but you stand fast through faith. So do not become proud, but fear. <sup>21</sup> For if God did not spare the natural branches, neither will he spare you. Fear drifting away should be a fearful thing.

This is the preserving aspect of fear.

**1 John 4:18**

<sup>18</sup> There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love.

**Nehemiah 1:11**

<sup>11</sup> O Lord, let your ear be attentive to the prayer of your servant, and to the prayer of your servants who delight to fear your name, and give success to your servant today, and grant him mercy in the sight of this man."

**Isaiah 11:2**

<sup>2</sup> And the Spirit of the Lord shall rest upon him, the Spirit of wisdom and understanding, the Spirit of counsel and might, the Spirit of knowledge and the fear of the Lord.

Jesus delighted in fearing God.

**<sup>12</sup> So teach us to number our days that we may get a heart of wisdom. <sup>13</sup> Return, O Lord! How long? Have pity on your servants!**

- A growing contentment.
- A hope-filled rejoicing.
- A dynamic faith.
- A lasting legacy.

**<sup>14</sup> Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days.**

**<sup>15</sup> Make us glad for as many days as you have afflicted us, and for as many years as we have seen evil.**

**<sup>16</sup> Let your work be shown to your servants, and your glorious power to their children.**

**<sup>17</sup> Let the favor of the Lord our God be upon us and establish the work of our hands upon us; yes, establish the work of our hands!**