

A Good Servant of Jesus

1 Timothy 4:1-10

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Now the Spirit expressly says that
in later times **some will depart from the faith**
by devoting themselves
to deceitful spirits
and teachings of demons,
² through the insincerity of liars
whose consciences are seared,
³ who forbid marriage
and require abstinence from foods
that God created to be received with thanksgiving
by those who believe and know the truth.

⁴ For everything created by God is good,
and nothing is to be rejected
if it is received with thanksgiving,
⁵ for it is made holy
by the word of God and prayer.

⁶ If you put these things before the brothers,
you will be a good servant of Christ Jesus,
being trained (nourished)
in the words
of the faith
and of the good doctrine
that you have followed.

⁷ Have nothing to do with irreverent, silly myths.
Rather train yourself for godliness;
⁸ for while bodily training is of some value,
godliness is of value in every way,
as it holds promise
for the present life
and also for the life to come.

⁹ The saying is trustworthy and deserving of full acceptance.
¹⁰ For to this end we toil and strive,
because we have our hope set on the living God,
who is the Savior of all people,
especially of those who believe.