



# A Healthy Body

5/7/23

**John 13:10** Jesus said to him, "He who has bathed needs only to wash his feet, but is completely clean; and you are clean, but not all *of you*."

<sup>11</sup> For He knew the one who was betraying Him; for this reason He said, "Not all of you are clean."

<sup>12</sup> And so when He had washed their feet, and taken His garments, and reclined *at the table* again, He said to them, "Do you know what I have done to you?"

<sup>13</sup> "You call Me Teacher and Lord; and you are right, for so I am.

<sup>14</sup> "If I then, the Lord and the Teacher, washed your feet, you also ought to wash one another's feet.

<sup>15</sup> "For I gave you an example that you also should do as I did to you.

<sup>16</sup> "Truly, truly, I say to you, a slave is not greater than his master; neither *is* one who is sent greater than the one who sent him.

<sup>17</sup> "If you know these things, you are blessed if you do them.

**John 13:34** "A new commandment I give to you, that you love one another, even as I have loved you, that you also love one another.

<sup>35</sup> "By this all men will know that you are My disciples, if you have love for one another."

**John 17:20** "I do not ask in behalf of these alone, but for those also who believe in Me through their word;

<sup>21</sup> that they may all be one; even as Thou, Father, *art* in Me, and I in Thee, that they also may be in Us; that the world may believe that Thou didst send Me.

<sup>22</sup> "And the glory which Thou hast given Me I have given to them; that they may be one, just as We are one;

<sup>23</sup> I in them, and Thou in Me, that they may be perfected in unity, that the world may know that Thou didst send Me, and didst love them, even as Thou didst love Me.

**John 21:15** ...Jesus said to Simon Peter, "Simon, *son* of John, do you love Me more than these?" He said to Him, "Yes, Lord; You know that I love You." He said to him, "Tend My lambs."

**Acts 2:42** And they were continually devoting themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer.

<sup>43</sup> And everyone kept feeling a sense of awe; and many wonders and signs were taking place through the apostles.

<sup>44</sup> And all those who had believed were together, and had all things in common;

<sup>45</sup> and they *began* selling their property and possessions, and were sharing them with all, as anyone might have need.

<sup>46</sup> And day by day continuing with one mind in the temple, and breaking bread from house to house, they were taking their meals together with gladness and sincerity of heart,

<sup>47</sup> praising God, and having favor with all the people. And the Lord was adding to their number day by day those who were being saved.

**Acts 5:42** And every day, in the temple and from house to house, they kept right on teaching and preaching Jesus as the Christ.

**Acts 20:20** how I did not shrink from declaring to you anything that was profitable, and teaching you publicly and from house to house

**Romans 12:3** ...through the grace given to me I say to every man among you not to think more highly of himself than he ought to think; but to think so as to have sound judgment, as God has allotted to each a measure of faith.

<sup>4</sup> For just as we have many members in one body and all the members do not have the same function,

<sup>5</sup> so we, who are many, are one body in Christ, and individually members one of another.

<sup>6</sup> And since we have gifts that differ according to the grace given to us, *let each exercise them accordingly*: if prophecy, according to the proportion of his faith;

<sup>7</sup> if service, in his serving; or he who teaches, in his teaching;

<sup>8</sup> or he who exhorts, in his exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness.

<sup>9</sup> Let love be without hypocrisy. Abhor what is evil; cling to what is good.

<sup>10</sup> Be devoted to one another in brotherly love; give preference to one another in honor;

**Romans 15:1** Now we who are strong ought to bear the weaknesses of those without strength and not *just* please ourselves.

<sup>2</sup> Let each of us please his neighbor for his good, to his edification.

<sup>3</sup> For even Christ did not please Himself;...

**1 Corinthians 14:26** What is *the outcome* then, brethren? When you assemble, each one has a psalm, has a teaching, has a revelation, has a tongue, has an interpretation. Let all things be done for edification.

**Ephesians 4:11** And He gave some as apostles, and some as prophets, and some as evangelists, and some as pastors and teachers,

<sup>12</sup> for the equipping of the saints for the work of service, to the building up of the body of Christ;

<sup>13</sup> until we all attain to the unity of the faith, and of the knowledge of the Son of God, to a mature man, to the measure of the stature which belongs to the fulness of Christ.

<sup>14</sup> As a result, we are no longer to be children, tossed here and there by waves, and carried about by every wind of doctrine, by the trickery of men, by craftiness in deceitful scheming;

<sup>15</sup> but speaking the truth in love, we are to grow up in all *aspects* into Him, who is the head, *even* Christ,

<sup>16</sup> from whom the whole body, being fitted and held together by that which every joint supplies, according to the proper working of each individual part, causes the growth of the body for the building up of itself in love.

**Ephesians 5:18** And do not get drunk with wine, for that is dissipation, but be filled with the Spirit,

<sup>19</sup> speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord;

<sup>20</sup> always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father;

**Philippians 1:27** ...conduct yourselves in a manner worthy of the gospel of Christ; so that whether I come and see you or remain absent, I may hear of you that you are standing firm in one spirit, with one mind striving together for the faith of the gospel;

<sup>28</sup> in no way alarmed by *your* opponents-- which is a sign of destruction for them, but of salvation for you, and that *too*, from God.

<sup>29</sup> For to you it has been granted for Christ's sake, not only to believe in Him, but also to suffer for His sake,

<sup>30</sup> experiencing the same conflict which you saw in me, and now hear *to be* in me.

**2:1** If therefore there is any encouragement in Christ, if there is any consolation of love, if there is any fellowship of the Spirit, if any affection and compassion,  
<sup>2</sup> make my joy complete by being of the same mind, maintaining the same love, united in spirit, intent on one purpose.  
<sup>3</sup> Do nothing from selfishness or empty conceit, but with humility of mind let each of you regard one another as more important than himself;  
<sup>4</sup> do not *merely* look out for your own personal interests, but also for the interests of others.  
<sup>5</sup> Have this attitude in yourselves which was also in Christ Jesus,...

**Colossians 3:12** And so, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience;  
<sup>13</sup> bearing with one another, and forgiving each other, whoever has a complaint against anyone; just as the Lord forgave you, so also should you.  
<sup>14</sup> And beyond all these things *put on* love, which is the perfect bond of unity.  
<sup>15</sup> And let the peace of Christ rule in your hearts, to which indeed you were called in one body; and be thankful.  
<sup>16</sup> Let the word of Christ richly dwell within you, with all wisdom teaching and admonishing one another with psalms *and* hymns *and* spiritual songs, singing with thankfulness in your hearts to God.

**Hebrews 3:13** But encourage one another day after day, as long as it is *still* called "Today," lest any one of you be hardened by the deceitfulness of sin.

**Hebrews 10:23** Let us hold fast the confession of our hope without wavering, for He who promised is faithful;  
<sup>24</sup> and let us consider how to stimulate one another to love and good deeds,  
<sup>25</sup> not forsaking our own assembling together, as is the habit of some, but encouraging *one another*, and all the more, as you see the day drawing near.

**1 Peter 4:8** Above all, keep fervent in your love for one another, because love covers a multitude of sins.  
<sup>9</sup> Be hospitable to one another without complaint.  
<sup>10</sup> As each one has received a *special* gift, employ it in serving one another, as good stewards of the manifold grace of God.  
<sup>11</sup> Whoever speaks, *let him speak*, as it were, the utterances of God; whoever serves, *let him do so* as by the strength which God supplies; so that in all things God may be glorified through Jesus Christ, to whom belongs the glory and dominion forever and ever. Amen.