

How to Be You

8/8/21

Ephesians 4

²²... in reference to your former manner of life,

1. you lay aside the old self, (= verses 17-19)
which is being corrupted in accordance with the lusts of deceit,
2. ²³and that you be renewed in the spirit of your mind, (= verses 20-21)
3. ²⁴and put on the new self,
which in *the likeness of God* has been created
in righteousness and holiness of the truth. (= verses 25-5:21)

Your New Life



²⁵Therefore,

laying aside falsehood,

1. speak truth, each one *of you*, with his neighbor,
for we are members of one another.
2. ²⁶ Be angry, and *yet* do not sin;
do not let the sun go down on your anger,
²⁷and do not give the devil an opportunity.
3. ²⁸ Let him who steals steal no longer; but rather let him labor,
performing with his own hands what is good,
in order that he may have *something* to share with him who has need.
4. ²⁹Let no unwholesome word proceed from your mouth,
but only such a *word* as is good for edification
according to the need *of the moment*,
that it may give grace to those who hear.
5. ³⁰And do not grieve the Holy Spirit God,
by whom you were sealed for the day of redemption.
6. ³¹Let all bitterness and wrath and anger and clamor and slander
be put away from you, along with all malice.
7. ³²And be kind to one another, tender-hearted,
forgiving each other, just as God in Christ also has forgiven you.

Ephesians 5

¹Therefore

8. be imitators of God, as beloved children;
²and walk in love,
just as Christ also loved you, and gave Himself up for us,
an offering and a sacrifice to God as a fragrant aroma.
9. ³But do not let immorality or any impurity or greed even be named among you,
as is proper among saints;

10. ⁴and *there must be no* filthiness and silly talk, or coarse jesting, which are not fitting, but rather giving of thanks.

⁵ For this you know with certainty, that no immoral or impure person or covetous man, who is an idolater, has an inheritance in the kingdom of Christ and God.

⁶ Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience.

11. ⁷Therefore

do not be partakers with them;

⁸ for you were formerly darkness, but now you are light in the Lord; walk as children of light

⁹(for the fruit of the light *consists* in all goodness and righteousness and truth),

¹⁰trying to learn what is pleasing to the Lord.

12. ¹¹And do not participate in the unfruitful deeds of darkness, but instead even expose them;

¹²for it is disgraceful even to speak of the things which are done by them in secret.

¹³But all things become visible when they are exposed by the light, for everything that becomes visible is light.

¹⁴For this reason it says, "Awake, sleeper, And arise from the dead, And Christ will shine on you."

13. ¹⁵Therefore

be careful how you walk, not as unwise men, but as wise,

¹⁶making the most of your time, because the days are evil.

14. ¹⁷So then

do not be foolish, but understand what the will of the Lord is.

15. ¹⁸And do not get drunk with wine, for that is dissipation, but be filled with the Spirit,

¹⁹ speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord;

²⁰always giving thanks for all things

in the name of our Lord Jesus Christ to God, even the Father;

²¹(*being subject*) and be subject to one another in the fear of Christ.

16. ²² Wives, *be subject* to your own husbands, as to the Lord.

²³ For the husband is the head of the wife,
as Christ also is the head of the church,
He Himself *being* the Savior of the body.

²⁴ But as the church is subject to Christ,
so also the wives *ought to be* to their husbands in everything.

17. ²⁵ Husbands, love your wives,
just as Christ also loved the church and gave Himself up for her;

²⁶ that He might sanctify her,
having cleansed her by the washing of water with the word,
²⁷ that He might present to Himself the church in all her glory,
having no spot or wrinkle or any such thing;
but that she should be holy and blameless.

²⁸ So husbands ought also to love their own wives as their own bodies.
He who loves his own wife loves himself;

²⁹ for no one ever hated his own flesh, but nourishes and cherishes it,
just as Christ also *does* the church,

³⁰ because we are members of His body.

³¹ For this cause a man shall leave his father and mother,
and shall cleave to his wife; and the two shall become one flesh.

³² This mystery is great;
but I am speaking with reference to Christ and the church.

³³ Nevertheless let each individual among you also love his own wife
even as himself;

and *let* the wife see *to it* that she respect her husband.

Ephesians 6

18. ¹Children, obey your parents in the Lord, for this is right.

²Honor your father and mother

(which is the first commandment with a promise),

³that it may be well with you, and that you may live long on the earth.

19. ⁴ And, fathers, do not provoke your children to anger;

but bring them up in the discipline and instruction of the Lord.