

How to Be You

7/25/21

Ephesians 4:17-24 including:

²²...in reference to your former manner of life,

1. you lay aside the old self, (= verses 17-19)
which is being corrupted in accordance with the lusts of deceit,
2. ²³ and that you be renewed in the spirit of your mind, (= verses 20-21)
3. ²⁴ and put on the new self,
which in *the likeness of God* has been created
in righteousness and holiness of the truth. (= verses 25-5:21)

Your New Life



²⁵ Therefore,

laying aside falsehood,

1. speak truth, each one *of you*, with his neighbor,
for we are members of one another.
2. ²⁶ Be angry, and *yet* do not sin;
do not let the sun go down on your anger,
²⁷ and do not give the devil an opportunity.
3. ²⁸ Let him who steals steal no longer; but rather let him labor,
performing with his own hands what is good,
in order that he may have *something* to share with him who has need.
4. ²⁹ Let no unwholesome word proceed from your mouth,
but only such a *word* as is good for edification
according to the need *of the moment*,
that it may give grace to those who hear.
5. ³⁰ And do not grieve the Holy Spirit God,
by whom you were sealed for the day of redemption.
6. ³¹ Let all bitterness and wrath and anger and clamor and slander
be put away from you, along with all malice.
7. ³² And be kind to one another, tender-hearted,
forgiving each other, just as God in Christ also has forgiven you.

Ephesians 5

¹ Therefore

8. be imitators of God, as beloved children;
² and walk in love,
just as Christ also loved you, and gave Himself up for us,
an offering and a sacrifice to God as a fragrant aroma.
9. ³ But do not let immorality or any impurity or greed even be named among you,
as is proper among saints;

10. ⁴ and *there must be no* filthiness and silly talk, or coarse jesting,
which are not fitting,
but rather giving of thanks.

⁵ For this you know with certainty, that no immoral or impure person
or covetous man, who is an idolater,
has an inheritance in the kingdom of Christ and God.

⁶ Let no one deceive you with empty words,
for because of these things the wrath of God comes
upon the sons of disobedience.

11. ⁷Therefore

do not be partakers with them;

⁸ for you were formerly darkness, but now you are light in the Lord;
walk as children of light

⁹ (for the fruit of the light *consists* in all goodness and righteousness
and truth),

¹⁰ trying to learn what is pleasing to the Lord.

12. ¹¹ And do not participate in the unfruitful deeds of darkness,
but instead even expose them;

¹² for it is disgraceful even to speak of the things
which are done by them in secret.

¹³ But all things become visible when they are exposed by the light,
for everything that becomes visible is light.

¹⁴ For this reason it says, "Awake, sleeper, And arise from the dead,
And Christ will shine on you."

13. ¹⁵Therefore

be careful how you walk, not as unwise men, but as wise,

¹⁶ making the most of your time, because the days are evil.

14. ¹⁷So then

do not be foolish, but understand what the will of the Lord is.

15. ¹⁸ And do not get drunk with wine, for that is dissipation,
but be filled with the Spirit,

¹⁹ speaking to one another in psalms and hymns and spiritual songs,
singing and making melody with your heart to the Lord;

²⁰ always giving thanks for all things

in the name of our Lord Jesus Christ to God, even the Father;

²¹ (*being subject*) and be subject to one another in the fear of Christ.

16. ²² Wives, *be subject* to your own husbands, as to the Lord.

²³ For the husband is the head of the wife,
as Christ also is the head of the church,
He Himself *being* the Savior of the body.

²⁴ But as the church is subject to Christ,
so also the wives *ought to be* to their husbands in everything.

17. ²⁵ Husbands, love your wives,
just as Christ also loved the church and gave Himself up for her;

²⁶ that He might sanctify her,
having cleansed her by the washing of water with the word,
²⁷ that He might present to Himself the church in all her glory,
having no spot or wrinkle or any such thing;
but that she should be holy and blameless.

²⁸ So husbands ought also to love their own wives as their own bodies.

He who loves his own wife loves himself;

²⁹ for no one ever hated his own flesh, but nourishes and cherishes it,
just as Christ also *does* the church,

³⁰ because we are members of His body.

³¹ For this cause a man shall leave his father and mother,
and shall cleave to his wife; and the two shall become one flesh.

³² This mystery is great;
but I am speaking with reference to Christ and the church.

³³ Nevertheless let each individual among you also love his own wife
even as himself;

and *let the wife see to it* that she respect her husband.

Ephesians 6

18. ¹ Children, obey your parents in the Lord, for this is right.

² Honor your father and mother

(which is the first commandment with a promise),

³ that it may be well with you, and that you may live long on the earth.

19. ⁴ And, fathers, do not provoke your children to anger;

but bring them up in the discipline and instruction of the Lord.