

How to Be You

¹⁷ This I say therefore, and affirm together with the Lord,
 that you walk no longer just as the Gentiles also walk,
 in the futility of their mind,
¹⁸ being darkened in their understanding,
 excluded from the life of God,
 because of the ignorance that is in them,
 because of the hardness of their heart;
¹⁹ and they,
 having become callous,
 have given themselves over to sensuality,
 for the practice of every kind of impurity with greediness.

²⁰ But you did not learn Christ in this way,
²¹ if indeed you have heard Him and have been taught in Him,
 just as truth is in Jesus,
²² that, in reference to your former manner of life,

1. you lay aside the old self, (= verses 17-19)
 which is being corrupted in accordance with the lusts of deceit,
2. ²³ and that you be renewed in the spirit of your mind, (= verses 20-21)
3. ²⁴ and put on the new self,
 which in *the likeness of* God has been created
 in righteousness and holiness of the truth. (= verses 25-5:21)

Your New Life

²⁵ Therefore,
 laying aside falsehood,
 1. speak truth, each one *of you*, with his neighbor,
 for we are members of one another.

2. ²⁶ Be angry, and *yet* do not sin;
do not let the sun go down on your anger,
²⁷ and do not give the devil an opportunity.

3. ²⁸ Let him who steals steal no longer; but rather let him labor,
performing with his own hands what is good,
in order that he may have *something* to share with him who has need.

4. ²⁹ Let no unwholesome word proceed from your mouth,
but only such a *word* as is good for edification
according to the need *of the moment*,
that it may give grace to those who hear.

5. ³⁰ And do not grieve the Holy Spirit of God,
by whom you were sealed for the day of redemption.

6. ³¹ Let all bitterness and wrath and anger and clamor and slander
be put away from you, along with all malice.

7. ³² And be kind to one another, tender-hearted,

forgiving each other, just as God in Christ also has forgiven you.

Ephesians 5¹ Therefore

8. be imitators of God, as beloved children;
² and walk in love,
just as Christ also loved you, and gave Himself up for us,
an offering and a sacrifice to God as a fragrant aroma.

9. ³ But do not let immorality or any impurity or greed even be named among you,
as is proper among saints;

10. ⁴ and *there must be no* filthiness and silly talk, or coarse jesting,
which are not fitting,
but rather giving of thanks.

⁵ For this you know with certainty, that no immoral or impure person
or covetous man, who is an idolater,
has an inheritance in the kingdom of Christ and God.

⁶ Let no one deceive you with empty words,
for because of these things the wrath of God comes
upon the sons of disobedience.

11. ⁷ Therefore

do not be partakers with them;

⁸ for you were formerly darkness, but now you are light in the Lord;
walk as children of light

⁹ (for the fruit of the light *consists* in all goodness and righteousness and truth),

¹⁰ trying to learn what is pleasing to the Lord.

12. ¹¹ And do not participate in the unfruitful deeds of darkness,
but instead even expose them;

¹² for it is disgraceful even to speak of the things
which are done by them in secret.

¹³ But all things become visible when they are exposed by the light,
for everything that becomes visible is light.

¹⁴ For this reason it says, "Awake, sleeper, And arise from the dead,
And Christ will shine on you."

13. ¹⁵ Therefore

be careful how you walk, not as unwise men, but as wise,

¹⁶ making the most of your time, because the days are evil.

14. ¹⁷ So then

do not be foolish, but understand what the will of the Lord is.

- 15.** ¹⁸ And do not get drunk with wine, for that is dissipation,
but be filled with the Spirit,
¹⁹ speaking to one another in psalms and hymns and spiritual songs,
singing and making melody with your heart to the Lord;
²⁰ always giving thanks for all things
in the name of our Lord Jesus Christ to God, even the Father;
²¹ (being subject) and be subject to one another in the fear of Christ.

All Scripture is from the NASV. The passage is in the form of a phrase by phrase break down. The words and the word order are unchanged.