How to Be You



Focus passage: Ephesians 4:11-24

¹¹And He gave
some *as* apostles,
and some *as* prophets,
and some *as* evangelists,
and some *as* pastors and teachers,
¹²for the equipping of the saints
for the work of service,
to the building up of the body of Christ;

¹³until we all attain

to the unity of the faith, and of the knowledge of the Son of God,

to a mature man,

to the measure of the stature which belongs to the fulness of Christ.

¹⁴As a result,

we are no longer to be children,

tossed here and there by waves,

and carried about

by every wind of doctrine,

by the trickery of men,

by craftiness in deceitful scheming;

¹⁵but

speaking the truth in love,

we are to grow up in all aspects into Him, who is the head, even Christ,

¹⁶from whom the whole body,

being fitted and held together by that which every joint supplies,

according to the proper working of each individual part,

causes the growth of the body

for the building up of itself in love.

¹⁷This I say therefore, and affirm together with the Lord,

that you walk no longer just as the Gentiles also walk,

in the futility of their mind,

¹⁸being darkened in their understanding,

excluded from the life of God,

because of the ignorance that is in them,

because of the hardness of their heart;

¹⁹and they,

having become callous,

have given themselves over to sensuality,

for the practice of every kind of impurity with greediness.

²⁰ But you did not learn Christ in this way,

²¹ if indeed you have heard Him and have been taught in Him,

just as truth is in Jesus,

²²that, in reference to your former manner of life,

you lay aside the old self,

which is being corrupted in accordance with the lusts of deceit,

²³and that you be renewed in the spirit of your mind,

²⁴and put on the new self,

which in *the likeness of* God has been created

in righteousness and holiness of the truth.

Other helpful passages

Ephesians 2:1 And you were dead in your trespasses and sins,

² in which you formerly walked according to the course of this world, according to the prince of the power of the air, of the spirit that is now working in the sons of disobedience.

³ Among them we too all formerly lived in the lusts of our flesh, indulging the desires of the flesh and of the mind, and were by nature children of wrath, even as the rest.

⁴ But God, being rich in mercy, because of His great love with which He loved us,

⁵ even when we were dead in our transgressions, made us alive together with Christ (by grace you have been saved),

Matthew 13:1 On that day Jesus went out of the house, and was sitting by the sea.

² And great multitudes gathered to Him, so that He got into a boat and sat down, and the whole multitude was standing on the beach.

³ And He spoke many things to them in parables, saying, "Behold, the sower went out to sow;

⁴ and as he sowed, some *seeds* fell beside the road, and the birds came and ate them up.

⁵ "And others fell upon the rocky places, where they did not have much soil; and immediately they sprang up, because they had no depth of soil.

⁶ "But when the sun had risen, they were scorched; and because they had no root, they withered away. ⁷ "And others fell among the thorns, and the thorns came up and choked them out.

⁸ "And others fell on the good soil, and yielded a crop, some a hundredfold, some sixty, and some thirty.
⁹ "He who has ears, let him hear."

¹⁰ And the disciples came and said to Him, "Why do You speak to them in parables?"

¹¹ And He answered and said to them, "To you it has been granted to know the mysteries of the kingdom of heaven, but to them it has not been granted.

¹² "For whoever has, to him shall *more* be given, and he shall have an abundance; but whoever does not have, even what he has shall be taken away from him.

¹³ "Therefore I speak to them in parables; because while seeing they do not see, and while hearing they do not hear, nor do they understand.

¹⁴ "And in their case the prophecy of Isaiah is being fulfilled, which says, 'You will keep on hearing, but will not understand; And you will keep on seeing, but will not perceive;

¹⁵ For the heart of this people has become dull, And with their ears they scarcely hear, And they have closed their eyes Lest they should see with their eyes, And hear with their ears, And understand with their heart and return, And I should heal them.'

¹⁶ "But blessed are your eyes, because they see; and your ears, because they hear.

¹⁷ "For truly I say to you, that many prophets and righteous men desired to see what you see, and did not see *it*; and to hear what you hear, and did not hear *it*.

¹⁸ "Hear then the parable of the sower.

¹⁹ "When anyone hears the word of the kingdom, and does not understand it, the evil *one* comes and snatches away what has been sown in his heart. This is the one on whom seed was sown beside the road.

²⁰ "And the one on whom seed was sown on the rocky places, this is the man who hears the word, and immediately receives it with joy;

²¹ yet he has no *firm* root in himself, but is *only* temporary, and when affliction or persecution arises because of the word, immediately he falls away.

²² "And the one on whom seed was sown among the thorns, this is the man who hears the word, and the worry of the world, and the deceitfulness of riches choke the word, and it becomes unfruitful. ²³ "And the one on whom seed was sown on the good soil, this is the man who hears the word and understands it; who indeed bears fruit, and brings forth, some a hundredfold, some sixty, and some thirty."

Romans 1:18 ...the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who suppress the truth in unrighteousness,

¹⁹ because that which is known about God is evident within them; for God made it evident to them.
²⁰ For since the creation of the world His invisible attributes, His eternal power and divine nature, have been clearly seen, being understood through what has been made, so that they are without excuse.
²¹ For even though they knew God, they did not honor Him as God, or give thanks; but they became

futile in their speculations, and their foolish heart was darkened.

²² Professing to be wise, they became fools,

²³ and exchanged the glory of the incorruptible God for an image in the form of corruptible man and of birds and four-footed animals and crawling creatures.

²⁴ Therefore God gave them over in the lusts of their hearts to impurity, that their bodies might be dishonored among them.

²⁵ For they exchanged the truth of God for a lie, and worshiped and served the creature rather than the Creator, who is blessed forever. Amen.

²⁶ For this reason God gave them over to degrading passions;...

All Scripture is from the NASV. The focus passage is in the form of a phrase by phrase break down. The words and the word order are unchanged.