

# How to Tame the Temper

Matthew 5:21-26

4/3/11

## Review:

### Character

**Matthew 5:1** And when He saw the multitudes, He went up on the mountain; and after He sat down, His disciples came to Him.

<sup>2</sup> And opening His mouth He *began* to teach them, saying,

<sup>3</sup> "Blessed are the poor in spirit, for theirs is the kingdom of heaven.

<sup>4</sup> "Blessed are those who mourn, for they shall be comforted.

<sup>5</sup> "Blessed are the gentle, for they shall inherit the earth.

<sup>6</sup> "Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

<sup>7</sup> "Blessed are the merciful, for they shall receive mercy.

<sup>8</sup> "Blessed are the pure in heart, for they shall see God.

<sup>9</sup> "Blessed are the peacemakers, for they shall be called sons of God.

<sup>10</sup> "Blessed are those who have been persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

<sup>11</sup> "Blessed are you when *men* cast insults at you, and persecute you, and say all kinds of evil against you falsely, on account of Me.

<sup>12</sup> "Rejoice, and be glad, for your reward in heaven is great, for so they persecuted the prophets who were before you.

<sup>13</sup> "You are the salt of the earth; but if the salt has become tasteless, how will it be made salty *again*? It is good for nothing anymore, except to be thrown out and trampled under foot by men.

### Influence

<sup>14</sup> "You are the light of the world. A city set on a hill cannot be hidden.

<sup>15</sup> "Nor do *men* light a lamp, and put it under the peck-measure, but on the lampstand; and it gives light to all who are in the house.

<sup>16</sup> "Let your light shine before men in such a way that they may see your good works, and glorify your Father who is in heaven.

### Convictions

<sup>17</sup> "Do not think that I came to abolish the Law or the Prophets; I did not come to abolish, but to fulfill.

<sup>18</sup> "For truly I say to you, until heaven and earth pass away, not the smallest letter or stroke shall pass away from the Law, until all is accomplished.

<sup>19</sup> "Whoever then annuls one of the least of these commandments, and so teaches others, shall be called least in the kingdom of heaven; but whoever keeps and teaches *them*, he shall be called great in the kingdom of heaven.

<sup>20</sup> "For I say to you, that unless your righteousness surpasses *that* of the scribes and Pharisees, you shall not enter the kingdom of heaven.

<sup>21</sup> "You have heard that the ancients were told, 'You shall not commit murder' and 'Whoever commits murder shall be liable to the court.'

<sup>22</sup> "But I say to you that everyone who is angry with his brother shall be guilty before the court; and whoever shall say to his brother, 'Raca,' shall be guilty before the supreme court; and whoever shall say, 'You fool,' shall be guilty *enough to go* into the fiery hell.

Note: There is righteous and unrighteous anger. "Anger" in these notes refers to unrighteous anger.

1. The root of anger is p\_\_\_\_\_.

Choose **h**\_\_\_\_\_.

2. The fruit of anger is d\_\_\_\_\_.

Choose **h**\_\_\_\_\_.

3. Pride, anger and disrespect are heinous c\_\_\_\_\_.

Choose **b**\_\_\_\_\_.

<sup>23</sup> "If therefore you are presenting your offering at the altar, and there remember that your brother has something against you,  
<sup>24</sup> leave your offering there before the altar, and go your way first be reconciled to your brother, and then come and present your offering.

4. God's priority is healthy relationships.

**Choose reconciliation.**

**Ephesians 4:31** Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.

<sup>32</sup> And be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.

**5:1** Therefore be imitators of God, as beloved children;

<sup>2</sup> and walk in love, just as Christ also loved you, and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma.

<sup>25</sup> "Make friends quickly with your opponent at law while you are with him on the way, in order that your opponent may not deliver you to the judge, and the judge to the officer, and you be thrown into prison.

<sup>26</sup> "Truly I say to you, you shall not come out of there, until you have paid up the last cent.

**Choose immediately!**

## The Celebration of the Lord's Supper

**1 Corinthians 11:23** For I received from the Lord that which I also delivered to you, that the Lord Jesus in the night in which He was betrayed took bread;

<sup>24</sup> and when He had given thanks, He broke it, and said, "This is My body, which is for you; do this in remembrance of Me."

<sup>25</sup> In the same way *He took* the cup also, after supper, saying, "This cup is the new covenant in My blood; do this, as often as you drink *it*, in remembrance of Me."

<sup>26</sup> For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes.

<sup>27</sup> Therefore whoever eats the bread or drinks the cup of the Lord in an unworthy manner, shall be guilty of the body and the blood of the Lord.

<sup>28</sup> But let a man examine himself, and so let him eat of the bread and drink of the cup.

<sup>29</sup> For he who eats and drinks, eats and drinks judgment to himself, if he does not judge the body rightly.

<sup>30</sup> For this reason many among you are weak and sick, and a number sleep.

<sup>31</sup> But if we judged ourselves rightly, we should not be judged.

<sup>32</sup> But when we are judged, we are disciplined by the Lord in order that we may not be condemned along with the world.

<sup>33</sup> So then, my brethren, when you come together to eat, wait for one another.

<sup>34</sup> If anyone is hungry, let him eat at home, so that you may not come together for judgment. And the remaining matters I shall arrange when I come.